

Aldersgate Summer Menu

Breakfast:

All included cold and hot cereal, homemade granola, yogurt, fresh fruit and juice

Spring Veggie Frittata

Made with eggs, cheese, and the freshest seasonal veggies. Baked to golden perfection. Served with sausage (please circle one) pork, turkey, or chicken. Also comes with toast, bagels, cream cheese, jelly and butter.

French Toast

Big slices of toast dipped in the chefs sweet homemade batter. Served with scrambled eggs, bacon (turkey bacon available upon request), syrup, and butter.

Quiche

Seasonal veggies, eggs, and cheese baked in a flaky crust. Served with sausage (please circle one) pork, turkey, or chicken. Also comes with toast, bagels, cream cheese, jelly and butter.

Spanish or Scrambled Eggs

Fluffy moist eggs with or without the Spanish touch (zucchini, tomato, and onions) Served with hash browns or home-style potatoes (circle one). Bacon or sausage (circle one). Also comes with toast, jelly, and butter.

Aldersgate Pancakes

Buttermilk and wheat made from scratch. Served with scrambled eggs, bacon (turkey bacon available upon request), syrup, and butter

Biscuits & Gravy

Homemade biscuits with a country gravy sauce served with eggs, bacon or sausage (circle one). Also served with a side of cheese grits.

Corned beef hash & eggs

Served with bacon or sausage (circle one). Also served with toast, bagels, cream cheese, jelly and butter.

Continental breakfast

Comes with muffins or scones (circle one). Served with bagels, hard boiled eggs, toast, cream cheese, jelly, butter, yogurt, cold cereal (no hot cereal) fresh fruit and juice.

Aldersgate Summer Menu

Lunch:

Side dishes, green salad, beverage, and fresh fruit bowl for dessert accompany each meal.

Sandwich Bar

Comes with ham, turkey, and roast beef, deli cuts along with all the trimmings.

Selection of cheeses, tuna salad and pasta salad. Served with a seasonal homemade veggie soup and salad of your choice. Please circle one:

Soups- **Summer vegetable pesto*Spanish gazpacho(cold)*Cucumber yogurt(cold)*Corn chowder*

Salads- **Strawberry poblano*Fattoush(middle eastern) *Mix baby greens*

Potato Bar

Baked potatoes that can be topped with just about anything, chili, sour cream, cheese,

chives, bacon bits, salsa, butter.....You name it. Also with a homemade soup and salad of your choice:

Soups- **Summer vegetable pesto*Spanish gazpacho(cold)*Cucumber yogurt(cold)*Corn chowder*

Salads- **Strawberry poblano*Fattoush(middle eastern) *Mix baby greens*

Pulled Pork and Chicken Sandwiches

Comes with homemade coleslaw, baked beans, Mac n Cheese

Salad Bar

Romaine and Baby Spring lettuce with the following salad toppers:

Tuna salad, diced chicken, diced ham, hard boiled eggs, cucumber, tomato, onion, olives, carrots, bell peppers,

cheese – Feta and cottage cheese. Potato salad, hummus and pita bread. Homemade soup of your choice:

Soups- **Summer vegetable pesto*Spanish gazpacho(cold)*Cucumber yogurt(cold)*Corn chowder*

Taco Bar

Carne asada, Grilled chicken, Grilled veggies (for vegan or vegetarian option) with taco tortillas. Pico de gallo, guacamole, homemade salsa, sour cream, cilantro. Also served with rice and beans.

Aldersgate MJ Burgers

Comes with the choice of beef, turkey, or veggie patties. Cracked wheat and potato buns, roasted potato wedges, homemade coleslaw and Corn on the Cob. Burger toppings: lettuce, tomato, onion, mushrooms, and cheese.

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Dinner:

Side dishes, green salad, beverage, and dessert accompany each meal.

Herb Roasted Chicken

Served with cilantro basmati rice and a summer season roasted vegetable medley

Breaded Lemon pepper Tilapia

Served with mushroom risotto and butter sautéed green beans

Stir Fry (choose beef OR chicken)

Made with the chefs own tangy teriyaki sauce and stir fried veggies. Served with white and brown rice.

Basil Grilled Chicken

Served with a Cranberry Rice pilaf and a roasted Tomato veggie medley

Beef Roast

Slow cooked and delicious. Served with a sautéed green beans, A jus sauce and garlic mashed potatoes

BBQ Baked Chicken

Served with baked potato, corn on the cob and homemade coleslaw

Garlic Pork Chops

Severed with Mashed Potatoes and Cuban style black beans